Very Important! Contact Lens Wearers!
Contact lenses must be taken out prior to your pre-admission appointment:
- 1 week for soft contact lenses
- 3 weeks for hard contact lenses

Pre-operative Physical Examination
All surgical patients are required to undergo a pre-operative physical examination screening within 30 days of surgery. We perform this examination at Bascom Palmer Eye Institute at Miami and Plantation. This visit will take approximately 3 hours. **You do not have to fast.** If you have any questions regarding our screening, please call Pre-Admissions Department.

Pre-operative Eye Drops
Two days before surgery, you are to start putting one (1) drop of each prescribed medication in the eye to be operated on four (4) times a day, and one time the morning of surgery. Separate the drops about two (2) to three (3) minutes apart, in order to avoid mixing the drops in your eyes.

Eye Drops Prescription:
Pharmacy: 5th Floor
You may purchase the eye drops at our Bascom Palmer Eye Institute pharmacy on the 5th floor or any pharmacy, with the prescription.

Time of Surgery
On the day before surgery, if you have not received a call, you should call the Ambulatory Surgery Unit at (305) 326-6550 after 4:00pm, to find out the time you should come to the hospital for your surgery the next day.

Day of Surgery
- You may not eat or drink anything after 12:00 am (midnight) the day of surgery, unless otherwise instructed.
- Do not wear make-up or jewelry.
- Do not bring valuables to the hospital
- Bring all your medications to the hospital with you.
- Go directly to the 6th floor Outpatient area where you will be prepared for surgery. Your surgery will be performed as an outpatient.
- Cataract surgery itself takes approximately 20 minutes Here is a summary of the process:
  - Arrival, dilation, anesthesia, surgery and recovery. The total time you should allow is 4-5 hours.

Post-operative Appointment
After surgery, you will be given an appointment to return the following day for a brief post-operative examination.
Issues and questions regarding your insurance and/or HMO coverage should be addressed to your “Surgical Coordinator”

On the day of surgery, you will need to have someone drive you home from the hospital. You may not leave the hospital or go in a taxi, alone. We can help you with hotel accommodations, however, you need to have someone to stay with you. A hotel is not an alternative to having someone drive you home or be with you. If you do not have transportation or need help with hotel reservations, please call our “Surgical Coordinator” for help.

1. For one week: do not rub your eye, do not lift anything heavier than 20 lbs and avoid swimming. All other activities are OK. For example, you can take a shower and wash your face. You can walk, watch TV and read.

2. Wear the clear shield at night for one week. With the shield in place, you may sleep on either side. It does not need to be worn during the day.

1. It’s normal to see haloes around light the first 24 hours after surgery.
2. Mild itching and foreign body sensation is typical.
3. Vision will frequently be blurry for the first 3-4 days after surgery.

**Telephone Numbers:**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td><strong>Ambulatory Surgery Unit</strong></td>
<td>(305) 326-6550</td>
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<tr>
<td><strong>Pharmacy</strong></td>
<td>(305) 326-6520</td>
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<tr>
<td><strong>Pre-Admissions</strong></td>
<td>(305) 326-6544</td>
</tr>
<tr>
<td><strong>Surgical Coordinator</strong></td>
<td>(305) 326-6161</td>
</tr>
<tr>
<td>(305) 326-6000 (ask to be transferred to the Surgical Coordinator)</td>
<td></td>
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<tr>
<td><strong>Additional information</strong></td>
<td>(305) 326-6185 or (305) 326-6500 after 5:00pm or on weekends.</td>
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